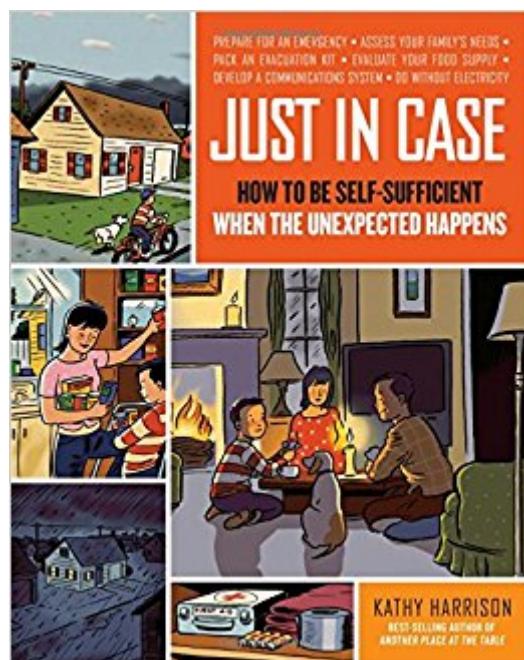


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# Just In Case: How To Be Self-Sufficient When The Unexpected Happens



## Synopsis

If disaster strikes and public services are limited, you want to know that your family will be taken care of. Learn how to inventory and rotate your food supply, pack an evacuation kit, maintain communication with loved ones, and much more. You'll soon gain the ingenuity and resourcefulness to get your family through even the most unfortunate circumstances.

## Book Information

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## Customer Reviews

With the assumption that many of us have a false sense of security... assuming that technology will prevail or that some government agency will bail us out in a crisis, this extensive guide gives detailed, down-to-earth advice on what to do when disaster strikes, be it a house fire, an ice storm or biological terrorism. Aided by charmingly retro illustrations vaguely reminiscent of a 1940s air raid brochure, Harrison (Another Place at the Table) presents her OAR system for preparedness—organizing, acquiring and rotating supplies—and techniques to safely and even comfortably survive any kind of emergency. She shows how to prepare for a short-term crisis: building a supply of food and water; preparing first aid and evacuation kits; planning communication and a family meeting place in times of crisis. She also presents long-term strategies for self-sufficiency: eliminating debt and securing a supply of cash in your home; planting a garden, canning food and making cheese; replacing an inefficient fireplace with a woodstove; building a solar oven. Harrison shows that learning to do it yourself, besides providing some security in an increasingly insecure world, brings less obvious but perhaps equally important benefits: an

incredible sense of self-sufficiency and independence. And pointing out that family preparedness can build community, she reminds readers, crisis can bring out the best in people, or the worst. Strive to be one of the good guys. (Aug.) Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

With the assumption that "many of us have a false sense of security... assuming that technology will prevail or that some government agency will bail us out in a crisis," this extensive guide gives detailed, down-to-earth advice on what to do when disaster strikes, be it a house fire, an ice storm or biological terrorism. Aided by charmingly retro illustrations vaguely reminiscent of a 1940s air raid brochure, Harrison (Another Place at the Table) presents her "OAR" system for preparedness—organizing, acquiring and rotating supplies—and techniques to safely and even comfortably survive any kind of emergency. She shows how to prepare for a short-term crisis: building a supply of food and water; preparing first aid and evacuation kits; planning communication and a family meeting place in times of crisis. She also presents long-term strategies for self-sufficiency: "eliminating debt and securing a supply of cash in your home

Very practical read, and very enjoyable. The book is broken into small sections which give good detailed commentary and then finish with a concise, bulleted outline to bring the section together. You can read small sections at a time when you have free moments here and there. The book is geared for preparing your family for natural disasters and everyday threats such as fires, getting stuck in a blizzard, etc. Touches on what to prepare and store (food, shelter, clothing, medicine, etc.), how to prepare, and how to cultivate a more self-sufficient mindset when it comes to your family's security. It shows and conveys a sense of reality on how to prepare. Some books on this subject make preparation seem like a complete impossibility, so why even try? Not this one. If you're looking for a SHTF Doomsday preparation book, this isn't it. And that's fine, there are plenty of offerings for that available elsewhere. Everybody (wife, kids) in your family can read this book and glean something valuable from it. They'll probably enjoy the read too. Also has some good diagrams and visuals.

A book everyone should have in their library "just in case" the day comes they need it.

Talks about many types of emergency situations from a layman's perspective. Uses many colorful drawings and illustrations intended for families with younger children. Covers basic procedures and

includes lists of supplies for humans and animals. Specifics include how much water should be available for each person and animal per day, how many days supplies should be kept available, lists of food and clothing are suggested, packing evacuation kits in backpacks for each family member and each pet and what to include in them. I thought it was good for someone who knows almost nothing about evacuating or rarely thinks about emergencies occurring in their environments. It gives those individuals some scope for thought and more awareness of the precarious nature of our supply chain infrastructure.

problem with the letter O in the book -- instead of O there is frequently a D...disturbing.

The book had good, common sense information, however, the editing and print quality left something to be desired, especially the recipes. It seemed to get worse about half way through the book.

The Wife Says: I LOVE this book! It has a wealth of information for self sufficiency, and is very easy to read. It has info that ANYONE can use, regardless of where you live. I love the fact that the author does not write in a paranoid tone, but rather in a relatable low key tone that is more matter of fact than anything. It covers all aspects of preparation, and has some obvious topics in it, as well as some things that I had not yet thought of. I actually have started a notebook for taking notes as I read the book, to make implementation much easier after I finish reading. I also love that she has lists of things for storage as a place to begin. I have been able to omit the items that we don't use, and add the ones that we do, to all of the lists thus far. Overall this is a wonderful resource for anyone wanting to prepare - whether that means a power outage or something far worse like job loss or economic collapse.

full of really helpful information.

I have been reading survivalist books and blogs and lists and whatnot for several years now. Since the day my wife told me we were expecting our first child, I have always been thinking about how to take care of them in the worst case scenario. I can not say enough good things about how Kathy Harrison writes this book. The introduction is gripping and the advice is both practical and sound. She does not insist on a specific plan, just that you have a plan, and she gives you the tools to make a plan of any size. Survival is not an easy topic for anyone because it means we have to think

about mortality and danger. This book is an excellent bridge for people who just need to broach the subject. The illustrations really do make you feel at ease and the subject is presented as delicately as could be. I would recommend buying this book for others if you feel alone in your preparations.

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